

**Free**

# Defibrillator Awareness Training Sessions

**David Nelson  
Memorial Fund**



**Defibrillators for  
Weardale**

In memory of David we are raising funds to buy defibrillators to be sited in the villages of Weardale to help save lives in the future.

The defibrillators will be accessible to all members of the public and we need locals to undertake basic awareness training to give you the confidence to use the machines in an emergency. The session is delivered by North East Ambulance Service and involves familiarisation with the machines and how to access and use the defibrillators, as well as basic emergency CPR. **It is not a full first aid course.... it is an awareness session.** The aim is to give members of the public the confidence to use them if they need to.

**The two defibrillator awareness sessions to be held in Stanhope are:**

• **Wed 2<sup>nd</sup> Sept**                      **6-8pm at Stanhope Church Hall**

✱ • **Wed 30<sup>th</sup> Sept**                      **6-8pm at Stanhope Church Hall**

**To book a place on either of the sessions please contact:**

**Linda on: 528202      Or      Gillian on: 07779050321**

**These sessions are open to anyone.** The machines will be there if your family, friend or neighbour suffer a heart attack and need help quickly and by doing the course you are not signing up to be a first responder.... only to have the knowledge to access this resource and help those close to you.